



Foster Care Service

Training Calendar

Contents

Introduction	2
Priority courses – (To be undertaken within the first year)	7
- Basic First Aid	8
- Equality and Diversity (e-Learning)	9
- Internet Safety – Think you Know (e- Learning)	9
- Internet Safety	10
- Managing Behaviour that Challenges – Basic	11
- Recording and Reporting	12
- Signs and Symptoms of Child Abuse & Neglect	13
Continuing Development	17
- ADHD Awareness	18
- Attachment & Implications/Secure Base	19
- Attachment and Implications/Secure Base - advanced	20
- Autism Awareness	21
- Child Development and the Impact of Trauma and Loss	22
- Education of Children Looked After	23
- Foster Carers Nurturing Programme	24
- Life Story Work	25
- Managing Adolescence	26
- Managing Behaviour that Challenges – advanced	27
- Men in Foster Care	28
- Mindfulness	29
- Paediatric First Aid	30
- Preparing Young people for Adult Life	31
- Professional Boundaries for Foster Carers	32
- Promoting Good Health in Children Looked After	33
- Resilience Building for Carers	34
- Safer Care and managing Allegations	35
- Self-Harm	36
- Supporting Children to Move on to Adoption	37
- Therapeutic Crisis Intervention	38
- Understanding Legal processes	39
- Working with Birth Families and Supervising Contact	40
- Youth Connect 5	41
- Safeguarding Courses	42

Introduction

At Wirral Council we consider our training to be a crucial part of the support we offer to foster carers. As well as supporting you in your learning and development, we hope that you find the programme interesting and aspirational.

We recognise the importance and benefits from training with different professionals and there are certain training events that are open to all social care staff. We hope that this will encourage communication and links between all professionals in promoting the safety and well-being of children looked after.

Foster carers training

Foster carers need to attend training as part of the requirements of their registration. We have grouped them as Priority and Continuing Development.

To assist you with identifying relevant training, you will have worked with your supervising social worker to develop a training plan, which will be reviewed annually.

All foster carers should complete the priority courses within 12 months of approval.

You may notice that the courses listed as Priority and Continuing Development have been reviewed. This is to ensure that we are directing carers to the most important information first and improving the effectiveness of our training.

Fostering Standards Workbook (TSDS)

In line with statutory guidance we require all foster carers to complete their training, support and development standard portfolios in the first 12 months of fostering. This is a piece of work that simply evidences the knowledge you have gained and the skills you have used in these first 12 months of your fostering career. Your Supervising Social Worker and / or your peer mentor will help you with this.

The standards are:

Standard 1: Understand the principles and values essential for fostering children and young people

Standard 2: Understand your role as a foster carer

Standard 3: Understand health and safety, and health care

Standard 4: Know how to communicate effectively

Standard 5: Understand the development of children and young people

Standard 6: keep children safe from harm

Standard 7: Develop yourself

Information on the TSD Standards can be accessed at:

<https://www.gov.uk/government/collections/guidance-for-foster-carers>

Booking process.

Once I've found a course how do I apply?

You do not need to complete an application form, simply provide the following information:

Name:

email address:

Contact phone number:

Name of your Supervising Social Worker:

Email this information to Jan McKinley in Organisational Development at janmckinley@wirral.gov.uk

What happens next?

Once Jan has received your email, both you and your supervising social worker will receive a confirmation e-mail advising if your application has been successful.

Please do not attend unless you have received a confirmation e-mail as you may be turned away at the venue

Who do I contact if I have any questions or need to cancel?

You can e-mail janmckinley@wirral.gov.uk or telephone 691 8442.

Keeping in touch

We hear of other training opportunities at times with short notice. Providing us with a current email address means we can circulate details of extra courses as they come up.

Childcare

The Fostering Service aims to fully support carers to access training. We will provide child care for foster children as necessary. If carers have young children with them they often ask an adult known to the child to help out. The service can then reimburse the carer for this childcare or for an extra nursery session if the child attends nursery. Crèches are also provided for some courses.

Evaluation and Feedback

Your comments on the courses shape the future training experiences for other carers and staff.

Please continue to share your experiences with us and let us know what impact the training has had on the care you offer. Post course questionnaires help us to look at what difference our courses are having on practice and ultimately children's lives. Your support with completing these is appreciated.

Other resources for foster carers

Drop-in Groups

We run weekly support groups for carers with different training needs. This offers the opportunity for carers to get together, share ideas and gain peer support. Training is also offered in small taster sessions.

The mainstream group runs every Monday morning, term time only, at Seacombe Children's Centre in St Pauls Road, Wallasey between the hours of 9.30am and 11.30am. Connected carers are also welcome to join this group.

Another group is held specifically for those carers who receive Skills Band 3 payments. This group runs fortnightly, during term time only, for more information about this group, please speak to your supervising social worker.

Connected carers are invited to attend a group designed to meet their needs. The group meets every first Friday of the month in term time. Training taster sessions are run specifically for connected carers to enable them to share ideas and gain support from each other. Speak to your supervising social worker for more information about this group.

Kids for Caring is a support group for the sons and daughters of foster carers who are of secondary school age. The group meets once a month. For more information about this group, please speak to your supervising social worker.

If you are unsure which group you should attend, please discuss this with your supervising social worker.

E-Learning

On line training can be accessed via the e-learning website

<http://wirral.learningpool.com>

If you do not have an account, please contact Wirral Council OD Team on 0151 691 8442 and they will set one up for you. Once you are logged on you will be able to access training provided by Wirral Council:

1. Information page for FC with training booklet and links to Drinkaware, MindEd, Child Sex Exploitation, Thinkuknow and Wirral Safeguarding Board
2. Basic Autism Awareness
3. Child Poverty
4. Child Sexual Exploitation
5. Equality and Diversity
6. First Aid links page
7. Learning Disability Awareness
8. Personal Resilience
9. Responsibility for Information (adapted version from Wirral Staff version)
10. Radicalisation
11. Safeguarding Children and Young People
12. Stress Awareness

You can also access training courses and information from the Research in Practice web site www.rip.org.uk. If you haven't already been given access to this site, you will need to ask your supervising social worker to request this on your behalf. You will then be emailed a password and you can then access this valuable resource at any time.

Social Care Training Hub

This company provides online training that is created for social care professionals. You will be able to access training designed specifically for foster carers. The content is delivered via videos, games, drag-and-drop, and reading. We suggest that you download Google Chrome on your device should you experience any compatibility issues on your computer or device.

To register for this training you will need to contact Janet Latham, either by email or telephone, janetlatham@wirral.gov.uk 0151 666 4510. All we need is your email address. Once registered, you will be sent your log in details and password with a link to the web site.

As courses are added to the training, you will be added as a learner and you will be sent an email advising you that you the course is available to you.

Should you require assistance with your account, please refer to the live chat which is at the bottom right of the homepage and is accessible Monday to Friday between the hours of 9am and 4pm. Alternatively, you can access some useful help videos from your online account dashboard.

Further free e-learning resources:

Channel Training – preventing the radicalisation of vulnerable people
http://course.ncalt.com/Channel_General_Awareness/01/index.html

Prevent Training – preventing the radicalisation of vulnerable people
<https://www.elearning.prevent.homeoffice.gov.uk>

MindEd – Children and Young People's Mental Health
<http://minded.e-lfh.org.uk/families/index.html>

Websites and Phone Support Resources

Ofsted www.ofsted.gov.uk

Fostering Network www.fostering.net

The Who cares? Trust www.thewhocarestrust.org.uk

Research in Practice www.rip.org.uk

National Youth Agency www.nya.org.uk

Kidscape www.kidscape.org.uk; anti-bullying helpline:08451 205204
Chat Danger www.chatdanger.com

Child Net www.childnet.com

Think U Know www.thinkuknow.co.uk www.thinkuknow.co.uk/parents

Childline 08001111 a free 24 hour helpline for children and young people to contact about any problem

Right Side of Care <https://therightsideofcare.com>

Priority Course Information

Course Title	Basic First Aid
<p>Course covers</p>	<p><u>Aim</u></p> <p>To provide candidates with an understanding and practical knowledge of the skills in Pediatric First Aid to enable them to:</p> <p>Prevent injuries becoming worse, Promote recovery, Preserve life – with the emphasis on Children and Babies.</p> <p><u>Objective</u></p> <p>Upon successful completion of the training program candidates will have a good understanding of:</p> <ul style="list-style-type: none"> • The Law relating to First Aid • Recovery Position • Planning for emergencies • Anaphylactic Shock • Artificial Ventilations and CPR • Choking • Shock & electric shock • Burns & Scalds • Bleeding & eye injuries • Childhood illnesses & chronic conditions • Breaks/Fractures • Head, neck, back injuries • Poisoning, Bites and Stings • Foreign bodies in eyes, ears & nose • Extreme Heat & Cold • Asthma, Diabetes, Sickle Cell • Epilepsy & febrile convulsions
<p>Details</p>	<p>Friday 27th April 2018: 9.30am-12.30pm, Birkenhead Town Hall</p> <p>Thursday 22nd June 2018: 6pm-9pm, The Parade, Hoylake CC</p> <p>Thursday 6th September 2018: 9.30am-12.20pm, Birkenhead Town Hall</p> <p>Thursday 15th November 2018: 6pm-9pm, The Parade, Hoylake CC</p> <p>Tuesday 29th January 2019: 9.30am-12.30pm, Birkenhead Town Hall</p> <p>Thursday 21st March 2019: 9.30am-12.30pm, Birkenhead Town Hall</p>

E-Learning

Course Title	Equality and Diversity Essentials
Course covers	<p>The course covers</p> <ul style="list-style-type: none">• Understanding Equality and Diversity• Key Legislation & Policies• Breaking Down Barriers• Promoting Equality and Diversity• Frequently Asked Questions
Details	<p>Access via the enable e-learning website http://wirral.learningpool.com</p>

Course Title	Internet safety - Think U Know
Course covers	<p>Aims and Objectives</p> <ul style="list-style-type: none">• Impact of the Internet in relation to Child Protection• Internet safety in relation to parents/carers• Local and national trends in respect of criminal misuse of the Internet with respect to Child Protection• Games, gambling and chat rooms• Social networking sites• Access the resources
Details	<p>Access online via: www.thinkuknow.co.uk www.thinkuknow.co.uk/parents</p>

Course Title	Internet Safety – Stay Safe On Line
Course covers	<p>AIMS and OBJECTIVES</p> <ul style="list-style-type: none"> • Identify security threats (both to yourself and to people in your care) • Look at social media sites and identify threats • Look at different websites offering advice on Internet safety • Explore all the help and guidance available from different agencies <p>By the end of the session the learners will have explored different websites to enable them to get advice or to show children in their care where they can get help.</p>
Details	<p>Wednesday 23rd May 2018 10.00am – 12.00pm</p> <p>Please note that there are only 10 places available for each session.</p> <p>Leasowe Early Years and Adult Learning Centre 286 Twickenham Drive, Wirral CH46 2QF</p> <p>Contact Janet Latham on 666 4510, or email janetlatham@wirral.gov.uk to book a place.</p>

Course Title	Managing Behaviour That Challenges - Basic
Course covers	<p>By the end of the course the participant should be able to:</p> <ol style="list-style-type: none"> 1) Identify positive strategies for managing behaviour. 2) Explain why these basic strategies may be effective. 3) Illustrate why these strategies are safe and acceptable within the broader context of safeguarding. 4) Differentiate between positive strategies and sanctions. 5) Develop the participants own positive strategies to apply to children in their care. 6) Be able to evaluate which strategies may be more useful in individual situations.
Details	<p>Wednesday 25th April 2018, Hoylake CC: 9.30am-3.00pm</p> <p>Monday 8th October 2018, Birkenhead Town Hall: 9.30am-3.00pm</p>

Course Title	Recording and Reporting
<p>Course covers</p>	<p>By the end of the course the participant should be able to:</p> <ul style="list-style-type: none"> • Identify and define what constitutes a well written and balanced foster carer diary sheet. When and how to pass on information. • Complete comprehensive, well written and balanced diary sheets and other relevant forms. • Differentiate between important and relevant information to include and assess why this information is appropriate. • Combine the elements that make up a well written record - i.e. the child's contribution, factual information of events, and celebration of achievements / success of the child. Any relevant information re behaviour / incidents. <p>Be able to judge a range of reports / records and identify the positives and negatives of each.</p>
<p>Details</p>	<p>Birkenhead Town Hall</p> <p>Tuesday 19/6/18 Friday 7/12/18 9.30am – 1.30pm</p>

Course Title	Signs and Symptoms of Child Abuse & Neglect
Course covers	<p>The aim of the session is to assist you to identify the signs and symptoms of Child Abuse and Neglect. It also aims to provide you with the practical guidance as to what to do if you suspect a child or young person may be being subjected to abuse or neglect.</p> <p>By the end of this session you should :</p> <ul style="list-style-type: none"> • Be aware of the national guidance and legislation relating to the protection and safeguarding of children and young people • Appreciate the need to protect children and young people and fully understand your role and responsibilities in relation to this process • Understand what children and young people need and want in order to feel safe • Identify the signs, symptoms and the impact of abuse and neglect on children and young people • Demonstrate an awareness of how agencies involved in the protection of children should respond to alleged or suspected child abuse or neglect • Know when and how to refer a concern about child protection and why it is important to adhere to policies and procedures • Explain the reasons for sharing information and discuss the purpose of good record keeping • Demonstrate the importance of multi-agency working
Details	<p>Birkenhead Town Hall</p> <p>Thursday 5/7/18, 9.30am – 3.00pm</p> <p>Tuesday 12/2/19, 9.30am – 3.00pm</p>

April 2018			
18/4/18	Nurturing programme, 10 week course	9.30am – 12.00pm	Pensby Children's Centre
25/4/18	Managing Behaviour 1 day	9.30am – 3.00pm	Hoylake CC
27/4/18	First Aid	9.30am – 12.30pm	Birkenhead Town Hall
May 2018			
2-4/5/18	Therapeutic Crisis Intervention 3 days	9.30am – 3.00pm	Birkenhead Town Hall
15/5/18	Education of Children Looked After	9.30am – 3.00pm	Hoylake CC
18/5/18	Self-Harm	9.30am – 3.00pm	Birkenhead Town Hall
24/5/18	Mindfulness ½ day	9.30am – 1.00pm	Wirral Mind
June 2018			
1/6/18	Autism – Supporting Children	9.30am – 3.00pm	Birkenhead Town Hall
5/6/18	Working with Birth Families & Promoting Contact	9.30am – 3.00pm	The Parade, Hoylake CC
6, 13 & 20/6/18	Connected Carers Session Youth Connect 5, 3 days	9.30am – 2.30pm	Birkenhead Town Hall
7/6/18	Promoting Good Health in CLA	9.30am – 2.30pm	Birkenhead Town Hall
14/6/18	Managing Adolescence	9.30am – 3.00pm	Birkenhead Town Hall
19/6/18	Recording & reporting ½ day	9.30am – 1.30pm	Birkenhead Town Hall
21/6/18	Attachment & Implications/Secure Base	9.30am – 3.00pm	Birkenhead Town Hall
22/6/18	First Aid	6.00pm – 9.00pm	The Parade, Hoylake CC
July 2018			
3/7/18	Attachment & Implications - Advanced	9.30am – 3.00pm	Wallasey Town Hall
3/7/18	Preparation for Adult Life	9.30am - 3.30pm	Birkenhead Town Hall
5/7/18	Signs & Symptoms of Child Abuse & Neglect	9.30am – 3.00pm	Birkenhead Town Hall
10-11/7/18	Child Development & the Impact of Trauma & Loss 2 days	9.30am - 3.00pm	Birkenhead Town Hall
12/7/18	Men in Foster Care	9.30am – 3.00pm	Birkenhead Town Hall

September 2018			
4/9/18	Education of Children Looked After	9.30am – 3.00pm	Hoylake CC
6/9/18	First Aid Training	9.30am – 12.30pm	Birkenhead Town Hall
11/9/18	ADHD – Supporting Children	9.30am – 3.00pm	Birkenhead Town Hall
18 & 19/9/18	Managing Behaviour 2 days	9.30am – 3.00pm	Wallasey Town Hall
27/9/18	Professional Boundaries	9.30am – 3.00pm	Birkenhead Town Hall
October 2018			
8/10/18	Managing Behaviour	9.30am – 3.00pm	Birkenhead Town Hall
9/10/18	Promoting Good Health in CLA	9.30am – 2.30pm	Birkenhead Town Hall
11/10/18	Working With Birth Families & Supervising Contact	9.30am – 3.00pm	Birkenhead Town Hall
16/10/18	Mindfulness ½ day	9.30am – 1.00pm	Birkenhead Town Hall
November 2018			
2/11/18	Safer Care/Managing Allegations	9.30am – 3.00pm	Birkenhead Town Hall
7, 14 & 21/11/18	Mainstream carers Youth Connect 5, 3 days	9.30am – 2.30pm	Birkenhead Town Hall
15/11/18	First Aid	6.00pm – 9.00pm	The Parade, Hoylake CC
16/11/18	Managing Adolescence	9.30am – 3.00pm	Birkenhead Town Hall
22 & 23/11/18	Paediatric First Aid	9.30am – 3.00pm	Birkenhead Town Hall
27/11/18	Understanding Legal Processes ½ day	9.30am – 12.30pm	Birkenhead Town Hall
27/11/18	Preparation for Adult Life	9.30am – 3.30pm	Birkenhead Town Hall
December 2018			
4/12/18	Self-harm	9.30am – 3.00pm	Wallasey Town Hall
7/12/18	Recording & Reporting	9.30am – 3.00pm	Birkenhead Town Hall
7, 14 & 21/11/18	Mainstream carers session Youth Connect 5, 3 days	9.30am – 2.30pm	Birkenhead Town Hall

January 2019			
18/1/19	Attachment & Implications/Secure Base	9.30am – 3.00pm	Birkenhead Town Hall
22-24/1/18	Therapeutic Crisis Intervention 3 days	9.30am – 3.00pm	Birkenhead Town Hall
29/1/18	First Aid	9.30am – 12.30pm	Birkenhead Town Hall
February 2019			
5/2/19	Autism – Supporting Children	9.30am – 3.00pm	Birkenhead Town Hall
7 & 8/2/18	Child Development & the Impact of Trauma & Loss 2 days	9.30am – 3.00pm	Birkenhead Town Hall
12/2/18	Signs & Symptoms of Child Abuse & Neglect	9.30am – 3.00pm	Birkenhead Town Hall
14/2/19	Safer Care/Managing Allegations	9.30am – 3.00pm	Birkenhead Town Hall
March 2019			
1/3/18	Professional Boundaries	9.30am – 3.00pm	Birkenhead Town Hall
5/3/19	ADHD – Supporting Children	9.30am – 3.00pm	Birkenhead Town Hall
6/3/19	Attachment & Implications - Advanced	9.30am – 3.00pm	Birkenhead Town Hall
12/3/19	Resilience/Emotional First Aid	9.30am – 3.00pm	Birkenhead Town Hall
14 & 15/3/18	Managing Behaviour 2 days	9.30am – 3.00pm	Birkenhead Town Hall
21/3/19	First Aid	9.30am – 12.30pm	Birkenhead Town Hall

Continuing Development course Information

Course Title	ADHD Awareness
Course covers	<p>AIMS and OBJECTIVES</p> <p>This course will provide a basic understanding of ADHD and consider ways in which children experiencing ADHD can be best supported.</p> <p>By the end of the course each participant will be able to:</p> <ol style="list-style-type: none"> 1. Have a clear understanding of, and be able to define ADHD. 2. Examine and understand the different types of ADHD 3. Examine the characteristics associated with ADHD 4. Consider how a child or young person is diagnosed and how a carer can support the child/young person in the process. 5. Identify the ways in which children and young people with ADHD can be supported.
Details	<p>Birkenhead Town Hall</p> <p>Tuesday 11/9/18 Tuesday 5/3/19</p> <p>9.30am -3.00pm</p>

Course Title	Attachment & Implications/Secure Base
Course covers	<p>AIMS and OBJECTIVES</p> <p>By the end of the course each participant will be able to do the following:</p> <ol style="list-style-type: none"> 1) Be able to describe the basic premise of attachment theory and particular attachment styles. Describe how this theory relates to early experience in infants and affects behaviour in childhood. 2) Understand how attachment theory is applied to the Children Looked After. 3) Apply this knowledge and understanding to the role of the foster carer in caring for Children Looked After. 4) Be able to analyse how early attachment experiences will impact on children. Analyse how the care offered may affect the child. 5) Be able to make changes to their own childcare practices in supporting Children Looked After.
Details	<p>Birkenhead Town Hall</p> <p>Tuesday 21/6/18 Friday 18/1/19</p> <p>9.30am – 3.00pm</p>

Course Title	Attachment & Implications – Advanced
Course covers	<p>N.B: This is an advanced course for participants who have completed Attachment and Implications for Looked After Children</p> <p>Aims: This is one day course will build on the learning from Attachment and Implications for Looked After Children. Using an attachment lens, it will look at the impact of adverse childhood experiences on the mind, body and brain and the implications for parenting. It will explore the neurobiology of trauma and attachment. It will examine the different ways in which children try to manage difficult feelings, how to recognize some of these and how to support the child’s efforts. It will provide an introduction to Sensory Integration from an attachment perspective.</p> <p>Learning Outcomes:</p> <p>By the end of the course participants will have been given the opportunity to:</p> <ul style="list-style-type: none"> • review how early childhood experiences impact on children’s efforts to feel safe and comfortable • consider the neurobiology of attachment, how advances in this field have deepened our understanding of the way that the brains of infants and children develop and implications for parenting. • explore the impact of unresolved trauma and loss on a child’s attachment functioning, what this looks like and how we can help • look at the potential offered by a sensory integration perspective and how this can support parenting • consider the challenges facing those who are caring for children who have experienced adverse childhood experiences
Details	<p>Tuesday 3/7/18 – Wallasey Town Hall Wednesday 6/3/19 – Birkenhead Town Hall</p> <p>9.30am - 3.00pm</p>

Course Title	Autism Awareness
Course covers	<p>AIMS and OBJECTIVES</p> <p>This course will provide a basic understanding of autism and associated conditions. It will consider ways in which children can be best supported.</p> <p>By the end of the course each participant will be able to:</p> <ol style="list-style-type: none"> 1. Have a clear understanding of what autism and Asperger's are. 2. Be able to define each of the conditions 3. Understand the signs associated with each and have some understanding of the process of diagnosis. 4. Have a basic understanding of ways in which to communicate effectively with children and young people with autism. 5. Have some understanding of how best to support a child or young person with autism or Asperger's.
Details	<p>Birkenhead Town Hall</p> <p>Tuesday 1/6/18 Tuesday 5/2/19</p> <p>9.30am – 3.00pm</p>

Course Title	Child Development and the Impact of Trauma and Loss
Course covers	<p>AIMS and OBJECTIVES</p> <p>By the end of the course the participants will have</p> <ul style="list-style-type: none"> •Increased their knowledge of theoretical perspectives in relation to Child Development •Enhanced their knowledge of Attachment Theory •Have an understanding of the impact of trauma and loss on all aspects of development •Considered the implications of these issues for their practice <p>The courses will comprise inputs by the trainer, small and large group discussions, interactive resources and practical exercises. It will be set within a framework of anti-discriminatory practice. Participants will be given much opportunity to relate the course material to their work. Handouts will be provided on the courses.</p>
Details	<p>Birkenhead Town Hall (2 days training) – 9.30am – 3.00pm</p> <p>Tuesday 10th & Wednesday 11th July 2018</p> <p>Thursday 7th & Friday 8th February 2019</p>

Course Title	Education of Children Looked After
Course covers	<p>AIMS and OBJECTIVES</p> <p>By the end of the course the participant should be able to do the following:</p> <ol style="list-style-type: none"> 1) Define the ways in which foster carers can support the education of children looked after. 2) Describe the ways in which each carer can get involved in the education of their foster children. 3) Illustrate the ways in which the education of Children looked after is defined in legislation. 4) Outline the ways in which foster carers make a difference to the success of Children looked after in education. 5) Formulate an individual foster carer plan to support the education of the children in their care.
Details	<p>Hoylake CC Tuesday 15/5/18 Tuesday 4/9/18</p> <p>9.30am – 3.00pm</p>

Course Title	Foster Carers Nurturing Programme
Course covers	<p>AIMS and OBJECTIVES</p> <ul style="list-style-type: none"> • To enable participants to explore a range of issues in relation to caring for children. • To provide carers with an increased range of strategies on which to draw. • To explore why children may display certain behaviours. • To develop a supportive relationship in which carers can learn from each other. • To consider carers own needs in looking after children. <p>By the end of the course participants will; Have more information about child development, the impact of labelling, the importance of building self-esteem and using positive behaviour management techniques. Have information about negotiating and problem solving. Have developed their own family rules and way forward.</p> <p>TARGET GROUP All foster carers</p>
Details	<p>9.30am – 12.00pm</p> <p>Pensby Children’s Centre</p> <p>Must attend all sessions:</p> <ul style="list-style-type: none"> • 18th April 2018 • 25th April 2018 • 2nd May 2018 • 9th May 2018 • 16th May 2018 • 23rd May 2018 • 30th May 2018 – half term week, no session • 6th June 2018 • 13th June 2018 • 20th June 2018 • 27th June 2018

Course Title	Life Story Work
Course covers	<p>AIMS and OBJECTIVES</p> <p>This course will be delivered by Dr Richard Rose – an expert in the use of life story work to help children face their trauma.</p> <p>This course is open to foster carers, supervising social workers and social workers. It will give an overview of life story work and the ways in which it is used to help traumatised children face past experiences to move forward more positively. It will also look at ways in which adults communicate with children to help them express their emotions and experiences.</p> <p>By the end of the course participants should be able to:</p> <ol style="list-style-type: none"> 1) Understand the approach of this style of life story work. 2) Consider the ways in which past trauma impacts on children emotionally and physically. 3) Consider some strategies to support children to express their trauma. 4) Consider ways of helping children communicate their trauma.
Details	To be arranged

Course Title	Managing Adolescence
Course covers	<p>AIMS and OBJECTIVES</p> <p>By the end of the course the participant should be able to do the following:</p> <ul style="list-style-type: none"> • Define and describe the changes in the adolescent brain and how this impacts on teenage behaviour and describe the implications for Looked After teenagers. • Understand how these changes impact on the young person's daily functioning and behaviour, with a particular understanding of the added issues that may be in place for Looked After teenagers. • Be able to apply this understanding to the day to day care of Looked After teenagers, and begin to develop responses to behaviour. • Be able to analyse how changing responses and behaviour management techniques will impact on the young person.
Details	<p>Birkenhead Town Hall</p> <p>Thursday 14/6/18 Tuesday 16/11/18</p> <p>9.30am – 3.00pm</p>

Course Title	Managing Behaviour that Challenges – 2 days
Course covers	<p>AIMS and OBJECTIVES</p> <ol style="list-style-type: none"> 1) Identify the factors behind why a child may react in particular ways. 2) Understand how the carers own reaction will impact on the interaction between adult and child. 3) Be able to outline strategies to change the participant's own behaviour in an interaction with a child. 4) Identify and understand triggers that will lead to challenging behaviour. 5) Identify alternative and new methods of managing behaviour. 6) Consider communication with children and young people – verbal and non-verbal and identify the most effective with the specific child. 7) Develop a range of methods to intervene positively when there is a challenging incident with a child. 8) Consider ways in which to develop the resilience of children.
Details	<p>Tuesday 18th & Wednesday 19/9/18 – Wallasey Town Hall</p> <p>Thursday 14th & Friday 15th March 2019 – Birkenhead Town Hall</p> <p>9.30am – 3.00pm</p>

Course Title	Men in Foster Care
Course covers	<p>AIMS and OBJECTIVES</p> <p>The course aims to focus on the issues that are specific to men in the fostering role. It will explore the challenges and the positive aspects of the position of men.</p> <p>By the end of the course each participant will be able to:</p> <ol style="list-style-type: none"> 1. Look at the role of men in foster care. 2. Consider the specific issues for men in the fostering role. 3. Consider the importance of a positive male role model. 4. Consider issues of safer caring. 5. To develop a positive way forward including the possible development of an ongoing and specific support group.
Details	<p>Birkenhead Town Hall Thursday 12/7/18</p> <p>9.30am – 3.00pm</p>

Course Title	Mindfulness
Course covers	<p style="text-align: center;">Introduction to Mindfulness</p> <p style="text-align: center;">Delivered by Andrea Cygler</p> <p style="text-align: center;">Mindfulness is very much in our news and media at the moment and psychologists, politicians, health care professionals and educators are all getting very excited about research evidence that suggests that Mindfulness practice can have real benefits for many physical and mental health conditions including stress, anxiety and depression.</p> <p style="text-align: center;">But what's it all about and how can you get started?</p> <p style="text-align: center;">In this workshop we will look at the basic components involved in Mindfulness training, try out a few simple meditation practices together, look at how we can incorporate Mindfulness into our daily lives and consider why it's becoming so popular as a way of approaching the ups and downs and challenges of life in a calmer, clearer, kinder and more creative way.</p>
Details	<p>Wirral Mind 24th May 2018</p> <p>Birkenhead Town Hall 16th October 2018</p> <p>9.30am – 1.00pm</p>

Course Title	Paediatric First Aid – 2 days
Course covers	<p>Aim</p> <p>To provide candidates with an understanding and practical knowledge of the skills in Pediatric First Aid to enable them to:</p> <p>Prevent injuries becoming worse, Promote recovery, Preserve life – with the emphasis – on Children and Babies</p> <p>Objective</p> <p>Upon successful completion of the training program candidates will have a good understanding of:</p> <ul style="list-style-type: none"> • The Law relating to First Aid • Planning for emergencies • Artificial Ventilations and CPR • Choking • Burns & Scalds • Bleeding & eye injuries • Brakes/Fractures • Head, neck, back injuries • Poisoning • Asthma, Diabetes • Sickle Cell Cold • Epilepsy & febrile convulsions • Recovery Position • Anaphylactic Shock • Shock & electric shock • Childhood illnesses & chronic conditions • Bites and Stings • Extreme Heat & • Foreign bodies in eyes, ears & nose
Details	<p>22nd & 23rd November 2018 9.30am – 3pm</p> <p>Birkenhead Town Hall</p>

Course Title	Preparing Young People for Adult Life
Course covers	<p>By the end of the course participants will have explored the following issues:</p> <ul style="list-style-type: none"> • How young people feel once they move on to independent living. • What support is available to them in preparing them for this transition. • Supporting young people to make their own decisions and the issues in supporting them to do so. • An overview of adolescent development in terms of health and behaviour. • The use of the checklist as a guide to support carers to ensure they have helped young people address a range of areas in which they need to be prepared. <p>This course will benefit carers who have children and young people over the age of 11, particularly those carers who are not part of the YPP group</p>
Details	<p>3rd July 2018 9.30am – 3.30pm</p> <p>27th November 2018 9.30am – 3.30pm</p> <p>Birkenhead Town Hall</p>

Course Title	Professional Boundaries for Foster Carers
Course covers	<p>AIMS and OBJECTIVES</p> <p>Aim: To provide Foster Carers with the confidence to meet the challenges that Professional Boundaries bring to being a paid professional and a committed parent</p> <p>Objectives:</p> <ul style="list-style-type: none"> • To meet the Fostering Training & Development Standards (November 2012) • To understand the importance of Professional Boundaries in relation to Fostering • To identify poor boundaries and understand the consequences of poor boundaries • To identify the challenges faced when balancing local authority/agency policy and procedural decisions against acting as a parent • To understand the impact of social networking sites and professional conduct on the role of Foster Carer
Details	<p>Birkenhead Town Hall Thursday 27/9/18 Tuesday 1/3/19</p> <p>9.30am – 3.00pm</p>

Course Title	Promoting Good Health in Children Looked After.
Course covers	<ul style="list-style-type: none"> • To give a greater understanding about Children Looked After (CLA) and their health needs. • Be able to recognise the significant health needs of a Looked After child and the effect this has on their life chances & vulnerability • To have a greater understanding of the statutory requirements for meeting the health needs of Children Looked After
Details	<p>Thursday 7th June 2018</p> <p>Tuesday 9th October 2018</p> <p>9.30am – 2.30pm</p> <p>Birkenhead Town Hall</p>

Course Title	Resilience Building for Carers (Emotional First Aid)
Course covers	<p>AIMS & OBJECTIVES:</p> <p>This course will look at the individual carer and the importance of their emotional well-being.</p> <p>By the end of the course each participant will be able to:</p> <ol style="list-style-type: none"> 1. Explore and begin to recognise their own strengths and vulnerabilities as carers. 2. Recognise areas in which they may be vulnerable as carers and to begin to consider how to address any of these areas. 3. To explore ways in which they can build self confidence and self-esteem. 4. To consider ways to enhance communication. 5. To begin to develop a personal plan to build resilience.
Details	<p>Birkenhead Town Hall</p> <p>Tuesday 12/3/19</p> <p>9.30am – 3.00pm</p>

Course Title	Safer Care and Managing Allegations
Course covers	<p>AIMS and OBJECTIVES</p> <p>We will consider why and how allegations may be made against Foster Carers (this will include considering the impact of abuse and neglect on children and the potential impact being removed from their birth families can have).</p> <p>We will explore the investigative process in the event of an allegation having been made against a carer, including the role of the Designated Officer (as defined by Working Together 2015). This section will make specific reference to the Wirral policies and procedures and relevant national guidance / legislation.</p> <p>We will consider the fact that investigations and actions arising as a result of the allegations will vary dependent upon the nature of the allegation.</p> <p>We will also examine the potential practical and emotional implications of such an allegations on all those involved. The paramount importance of the child's safety and wellbeing will be explored.</p>
Details	<p>Birkenhead Town Hall Friday 2/11/18 Monday 14/2/19</p> <p>9.30am – 3.00pm</p>

Course Title	Self-Harm
Course covers	<p>AIMS and OBJECTIVES</p> <p>The aim of this training session is to familiarise participants with the research relating to children who self-harm and to assist participants to feel more confident in providing an initial assessment as to the level of risk that a child is presenting.</p> <p>It also supports professionals to feel more confident about the response they can provide and expect from other agencies when presented with information about a self-harming client.</p> <p>By the end of this training session, participants will be able to:</p> <ul style="list-style-type: none"> • Have a better understanding of the facts around deliberate self-harm • Understand the factors associated with suicide • Have a better understanding of the assessment procedure. • Have a better understanding of multi-agency responses and roles.
Details	<p>Friday 18/5/18 – Birkenhead Town Hall</p> <p>Tuesday 4/12/18 – Wallasey Town Hall</p> <p>9.30am – 3.00pm</p>

Course Title	Supporting Children to Move on to Adoption
Course covers	<p>By the end of the course participants will have an understanding of:</p> <ul style="list-style-type: none"> • Government guidance in relation to planning for Adoption, including the Adoption Score card. • The process of family finding • The role of activity days • Preparing children to move to adoptive placements. • Moving children on to adoptive placements
Details	To be arranged

Course Title	Therapeutic Crisis Intervention
Course covers	<p>AIMS & OBJECTIVES:</p> <ul style="list-style-type: none"> • Understanding behaviour in a child who has had a difficult start in life • Intervention approaches – different ways to respond to children • Assessing incidents before responding • Keeping calm and avoiding power struggles • Active listening skills • Negotiating over household rules • Using consequences • Behaviour support techniques to help children deal with stress • De-escalating emotional outbursts • Debriefing children after incidents – the Life Space Interview
Details	<p>9.30am – 3.00pm over 3 days</p> <p>Wednesday, Thursday, Friday 02-4/5/18 Tuesday, Wednesday, Thursday 22-24/1/19</p> <p>Birkenhead Town Hall</p>

Course Title	Understanding Legal Processes
Course covers	<p>AIMS and OBJECTIVES</p> <p>This course will consider the legal and statutory measures that are put in place when a child is looked after by the L.A. and how this impacts on the individual child.</p> <p>By the end of the course each participant will be able to:</p> <ol style="list-style-type: none"> 1. Gain an overview understanding of the legal process from the point at which the L.A. may start to consider court proceedings. 2. Consider how this may impact on the child. 3. Develop an understanding of the roles of all key people involved in the process. 4. Have a broad understanding of the Public Law Outline. 5. Have some understanding of key meetings and points of decision making in the process. 6. Be able to identify the impact on the child and their family overall. 7.
Details	<p>Tuesday 27/11/18,</p> <p>9.30am -12.30pm</p> <p>Birkenhead Town Hall</p>

Course Title	Working with Birth Families and Supervising Contact
Course covers	<p>AIMS and OBJECTIVES</p> <p>This course will consider good practice in working with birth families in order to develop a positive experience of contact with children.</p> <p>By the end of the course each participant will be able to:</p> <ol style="list-style-type: none"> 1. Consider and reflect on the position of birth families in the foster care setting. 2. To consider good practice in relationships between carers and parents. 3. To consider the ways in which positive relationships can be supported (e.g. good use of placement plan, reviews, etc.) 4. Identify risk and the position of the children. 5. Consider professional boundaries. 6. Consider the supervision of contact by foster carers and how this can be best be put in place.
Details	<p>The Parade, Hoylake Community Centre</p> <p>Tuesday 5/6/18</p> <p>Birkenhead Town Hall</p> <p>Thursday 11/10/18</p> <p>9.30am – 3.00pm</p>

Course Title	Youth Connect 5
Course covers	<p>AIMS and OBJECTIVES</p> <p>The aims of Youth Connect 5 are to enable carers to:</p> <ul style="list-style-type: none"> • Understand young people’s mental health • Develop family resilience • Develop skills to support our children • Understand why we feel the way we do • Think about what makes us thrive.
Details	<p>Connected carers session: 6th, 13th & 20th June 2018 – 9.30am – 2.30pm</p> <p>Mainstream carers session: 7th, 14th, 21st November 2018 – 9.30am – 2.30pm</p> <p>Venue: Birkenhead Town Hall</p> <p>NB: You must attend all three sessions</p>

Safeguarding Training

All the Multi Agency Safeguarding courses are now available and bookable via the Partnership Boards new website: <http://www.wirralsafeguarding.co.uk/courses/>

Courses include:

- Child Sexual Abuse
- Child Sexual Exploitation
- Engaging Effectively with Resistant Families
- Domestic Abuse
- Safeguarding Children with Disabilities
- Parental Mental Health
- Fabricated or Induced Illness
- Internet Safety, 'ThinkUKnow'
- Neglect using the graded care profile
- Parental Substance Misuse
- Signs & Symptoms
- Working together to safe guard children

When booking a place you will be able to see how many places are available. Please be aware that as these are multi-agency courses they are open to external providers as well as the local authority.

Training Booking, How to book

From April 2016 application for the safeguarding board's training will no longer be through the Local Authority via an emailed application form but instead bookings will be made directly from the website. Before applying you must have discussed your application and gained approval from your line manager.

To book onto a course choose your course from the calendar and complete the online booking form. You will need to include your managers email address as they will need to approve your application.

The training calendar and booking form are accessible here:

<http://www.wirralsafeguarding.co.uk/courses/>

Once your application has been approved you will be emailed confirmation and course details.

Non-attendance

You must inform us as soon as possible (and at least 3 days before the course) if you cannot attend. From April 2016 applicants 'home' agency will be charged for non-attendance at multi-agency safeguarding training. The charge will be:

- **£30 for courses or briefings up to half a day long**
- **£50 for full day courses**

Terms and Conditions

By applying for training delivered by or on behalf of the Wirral Safeguarding Children Board and the Safeguarding Adult Partnership Board you are agreeing to our terms and conditions which in summary are:

- You agree to attend the training or to give us at least **3 working days'** notice if you cannot attend
- If you are unable to attend another colleague from your organisation **may** attend the training in your place (if it is appropriate for them to do so)
- If you do not give adequate notice and/or a colleague doesn't attend in your place your organisation will be charged for non-attendance at the amounts detailed above
- You agree to participate in the safeguarding boards evaluation of the impact of your attendance at the course – this will include your agreement to complete impact questionnaires immediately following the training and 3 and 6 months after the training

You agree to participate in the training and to abide by the 'ground rules' established at your course.

Training Venues

**Birkenhead Town Hall
Mortimer Street
Birkenhead
CH41 5EU
0151 666 3995**

**Wallasey Town Hall
Brighton Street
Wallasey
CH44 8ED**

**Seacombe Children's Centre
St Pauls Road
Seacombe
CH44 7AN**

**Vale House
Vale Park
New Brighton
CH45 1LZ
0151 245 0227**

**Wirral Mind
90-92 Chester Street
Birkenhead
CH41 5DL**

**Hoylake Community Centre
31 Hoyle Road
Wirral Council CH47 3AG
0151 632 2889**

**Hamilton Building
Conway Street
Birkenhead
CH41 4FD**